

## PIZZA - 9"

SMOKY BBQ CHICKEN **①** £7.95 CLASSIC PEPPERONI £7.95 CLASSIC MARGHERITA V VEO £6.95 CHEESY ROASTED PEPPER V VEO £7.95

**UPGRADE TO MEAL DEAL £2.50** 

## LIGHT BITES

ASSORTED PASTRIES

BLUEBERRY OR DOUBLE V £1.50

CHOCOLATE MUFFIN

GARLIC BAGUETTE (3 PIECES) V £2.00

CHEESY GARLIC BAGUETTE V £2.50
(3 PIECES)

## **PANINI AND WRAP**

MOZZARELLA PANINI  CLASSIC HAM & CHEESE PANINI  CRUNCHY FALAFEL & VEGAN VE  CHEESE WRAP  Fried falafel, vegan cheese and sweet chilli sauce in a tortilla wrap  CHICKEN TIKKA WRAP ©  Diced chicken, medium spiced curry, mint yoghurt and cheese in a tortilla wrap	CHEESE PANINI	£3.33
CRUNCHY FALAFEL & VEGAN VE CHESE WRAP Fried falafel, vegan cheese and sweet chilli sauce in a tortilla wrap CHICKEN TIKKA WRAP © Diced chicken, medium spiced curry, mint yoghurt and cheese in a tortilla wrap BUFFALO CHICKEN WRAP © £3.99 Diced chicken, buffalo sauce, cheese		£3.99
CHESE WRAP Fried falafel, vegan cheese and sweet chilli sauce in a tortilla wrap CHICKEN TIKKA WRAP  Diced chicken, medium spiced curry, mint yoghurt and cheese in a tortilla wrap BUFFALO CHICKEN WRAP  Diced chicken, buffalo sauce, cheese	CLASSIC HAM & CHEESE PANINI	£3.99
chilli sauce in a tortilla wrap  CHICKEN TIKKA WRAP (*)  Diced chicken, medium spiced curry, mint yoghurt and cheese in a tortilla wrap  BUFFALO CHICKEN WRAP (*)  Diced chicken, buffalo sauce, cheese		£3.99
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mint yoghurt and cheese in a tortilla wrap  BUFFALO CHICKEN WRAP   £3.99  Diced chicken, buffalo sauce, cheese	CHICKEN TIKKA WRAP (*)	£3.99
Diced chicken, buffalo sauce, cheese		
	BUFFALO CHICKEN WRAP (*)	£3.99

**UPGRADE TO MEAL DEAL £2.50** 

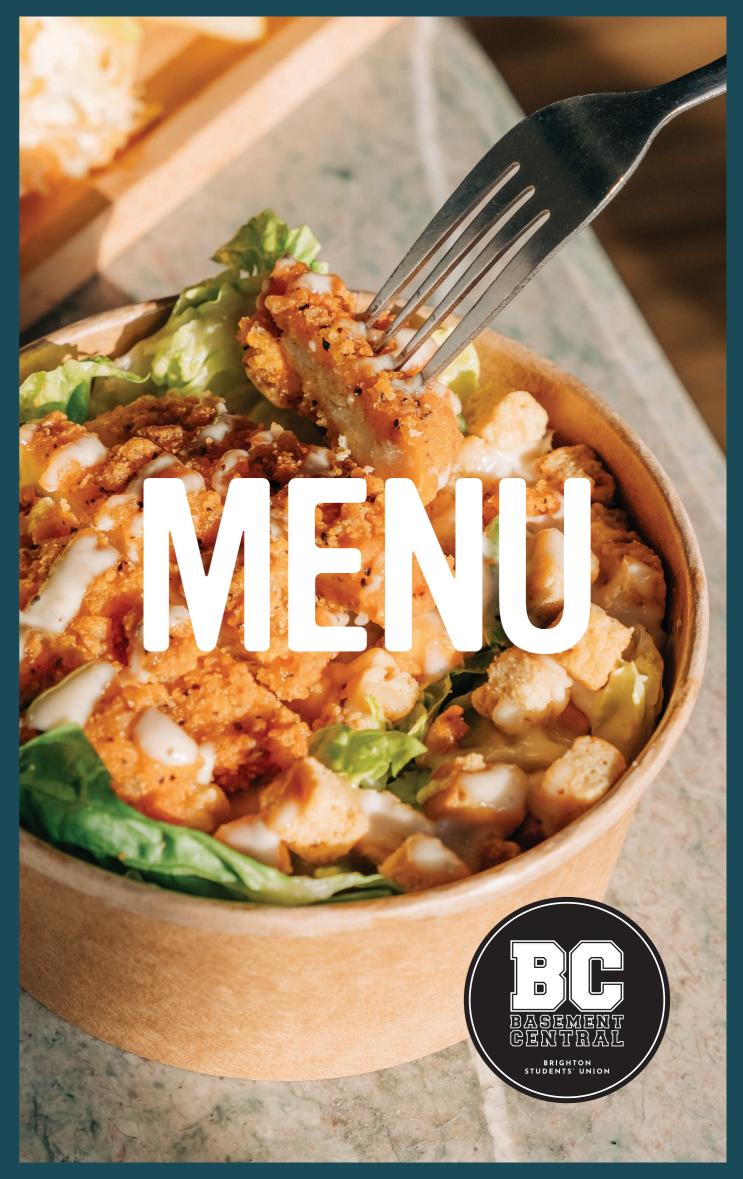
PERFECT MEAL PACKAGE UPGRADE INCLUDES FRIES, VEGAN COLESLAW & A CAN OF SOFT DRINK FOR £2.50

**ABBREVIATIONS** 

V VEGETARIAN V E VEGAN V EO VEGAN OPTION AVAILABLE ● HALAL

Our food is prepared in an environment that handles wheat, gluten and dairy. Dishes may contain traces of nuts. Please ask for more information on allergens





# MORNING DELIGHTS

### **AVAILABLE BETWEEN 9AM-11AM**

BACON BAP	£3.00
British bacon in a soft white bap	
SAUSAGE BAP	£2.50
Sausage Patty in a soft white bap	
VEGAN SAUSAGE BAP V∕E	£2.50
Vegan Sausage patty in a soft white bap	
CROISSANT V  ✓	£1.30
PAIN AU CHOCOLATE V <sup>7</sup>	£1.70
CHOCOLATE TWIST <b>V</b> <sup>0</sup>	£1.70
PORRIDGE ♥	£2.20
Supercharge Your Dish: Bacon, Sausage	£1.50

# LOADED DELIGHTS

### **AVAILABLE FROM 11AM-4PM**

BAKED BEANS VE	£3.99
SMOKY BEAN & VEG CHILLI VE	£4.99
Butter, cannellini and kidney beans, onions and peppers in a tomato and chilli sauce	
CHILLI CON CARNE	£4.99
Minced beef, red kidney beans, onions and peppers in a rich tomato and chilli sau	ice
CHICKEN TIKKA MASALA (1)	£4.99
British chicken smothered in a creamy tomato and coriander curry sauce	
SPICY PERI PERI CHICKEN (1)	£4.99
Diced Chicken, mixed peppers in a rich tomato and peri peri sauce	

**PICK YOUR BASE: FRIES OR RICE** 

#### SUPERCHARGE YOUR DISH

80P

Cheese ♥ / Vegan Cheese ♥ / Vegan Coleslaw ♥ / Sour Cream ♥

PERFECT MEAL PACKAGE UPGRADE INCLUDES FRIES, VEGAN COLESLAW & A CAN OF SOFT DRINK FOR

£2.50



LUNCH AVAILABLE BETWEEN 11AM-4PM

## **CRISPY SOUTHERN DELIGHTS**

SOUTHERN FRIED CHICKEN FILLET (1)	£3.35
HOT & CRISPY CHICKEN WINGS (1) (4 PIECES)	£4.15
Four pieces Crispy and hot chicken wings with sweet chilli dip	
SOUTHERN FRIED CHICKEN STRIPS (1) (4 PIECES)	£3.95
Four pieces Crispy and hot chicken wings with sweet chilli dip	
<b>VEGAN NUGGETS (6 PIECES) VE</b> Six pieces Quorn Crispy Vegan Nuggets with sweet chilli dip	£4.15
CHICKEN NUGGETS (6 PIECES) (6 Six pieces chicken in a crispy batter	£4.15

Add Extra Chicken fillet (+) £1.99

with sweet chilli dip

UPGRADE TO MEAL DEAL £2.50

BURGERS	
SOUTHERN FRIED CHICKEN BURGER (1) Crispy Chicken in a brioche bun with lettuce, tomato and mayo	£5.75
CLASSIC BEEF BURGER British 4oz burger, lettuce, tomato, pickle and burger sauce in a brioche bun	£5.75
CHEDDAR BURGER  British 4oz burger, cheddar cheese, lettuce tomato, pickle and burger sauce in a brioc	<b>£6.25</b> e, he bun

**BACON & CHEDDAR BURGER** £6.75
British 4oz burger, cheddar cheese, bacon,

lettuce, tomato, pickle and burger sauce in a brioche bun

QUORN VEGAN BUTTERMILK V/E £6.25 STYLE BURGER

Quorn Fillet covered in a crunchy vegan buttermilk flavour coating, lettuce, tomato and vegan mayo in a brioche bun

UPGRADE TO MEAL DEAL £2.50

### SALAD

CAESAR SALAD	£4.00
Crispy baby gem lettuce, Parmigiano Reggiano, croutons and Caesar dressing	
Add Crispy Chicken 🖰	£1.99

## THE LOW COST CLASSICS

HAMBURGER

2oz seasoned beef burger, pickles and tomato sauce in a soft white bap

CHEESEBURGER £3.75

2oz seasoned beef burger, pickles, Cheddar cheese and tomato sauce in a soft white bap

BATTERED CHICKEN BURGER £3.25

Battered chicken and vegan mayo in a soft white bap

FALAFEL & SPINACH BURGER V £3.25

Delicately spiced middle eastern style burger with mint yoghurt in a soft white bap

QUORN SOUTHERN STYLE BURGER ♥ £3.:

Quorn Southern Fried Burgers with a crunchy breadcrumb coating, vegan Mayo in a soft white bap

UPGRADE TO MEAL DEAL £2.50

### **SIDES**

	MOZZARELLA STICKS V  Five pieces of mozzarella cheese coated in a crunchy breadcrumb	£3.35
	FRIES VE	£2.50
	CHEESY FRIES V VEO	£3.15
	ONION RINGS VE	£1.95
	CREATE YOUR OWN MASTERPIECE Cheese V / Vegan Cheese VE / Vegan Coleslaw VE / Sour Cream V /	80P
	Smoky Bean & Veg Chilli <b>VE</b> / Chilli Con Carne <b>⊕</b> / Chicken Tikka Masala <b>⊕</b> /	£2.50
Spicy Peri Peri Chicken ( ) BAKED Beans VE /		

# TRADING POST

· COFFEE ROASTERS ·

# TRADING POST

·COFFEE ROASTERS·

REUSABLE CUP		ES DOUBLE	DISPOSABLE CU	PPR	ICES
ESPRESSO ESPRESSO MACCHIATO	£1.70 £2.00	£2.00 £2.30 120z	ESPRESSO ESPRESSO MACCHIATO	£2.20 £2.50	£2.50 £2.80
CAPPUCCINO CARAMEL MACCHIATO AMERICANO FLAT WHITE MOCHA/WHITE MOCHA CHAI LATTE	£2.10 £2.10 £2.90 £2.10 £2.50 £2.90 £2.20 £2.70	£2.50 £2.50 £3.20 £2.40 £3.20 £3.20 £2.50 £3.00	LATTE CAPPUCCINO CARAMEL MACCHIATO AMERICANO FLAT WHITE MOCHA/WHITE MOCHA CHAI LATTE DIRTY CHAI WHITE/HOT CHOCOLATE	£2.60 £2.60 £3.40 £2.60 £3.00 £3.40 £2.70 £3.20 £2.70	£3.00 £3.70 £3.70 £2.90 £3.70 £3.00 £3.50 £3.50
ICED LATTE ICED AMERICANO ICED MOCHA ICED CARAMEL MACCHIAT FRAPPE CARAMEL, CHOCOLATE, WHITE CHOCOLATE, MOCHA, WHITE MOCHA	- 0	£2.50 £2.40 £3.20 £3.20 £3.20	ICED MOCHA		£3.00 £2.90 £3.70 £3.70 £3.70
ENGLISH BREAKFAST TEA SPECIALITY TEA	·	£1.20 £1.50	ENGLISH BREAKFAST TEA SPECIALITY TEA	١	£1.70 £2.00
EXTRAS: ESPRESSO SHOT WHIPPED CREAM SYRUPS OAT MILK, SOYA MILK & DECAF AVA	£	£0.80 £0.65 £0.65	EXTRAS: ESPRESSO SHOT WHIPPED CREAM SYRUPS OAT MILK, SOYA MILK & DECAF AV	AILABLE	£0.80 £0.65 £0.65

